

High Point Hospital's Community Health Needs Assessment Fiscal Year 2018

Introduction

High Point Hospital is a 72-bed non-profit psychiatric hospital located in the center of Middleborough, MA, which opened in mid-2015. The hospital serves adults and adolescents, (three adult units and one adolescent unit). An outpatient clinic is located on-site that provides substance use and mental health counseling to clients after an initial appointment is made (which is scheduled during open access hours). Patients are admitted to High Point Hospital's inpatient units pursuant Massachusetts General Law, Chapter 123, §12 (emergency restraint and hospitalization of an individual posing risk of serious harm by reason of mental illness for a maximum of three days, unless the individual meets requirement for commitment under the provisions of M.G.L Ch. 123 §7&8 at the end of the three day time). Patients or their legal parents/guardians are provided with the option to apply for voluntary admission to the hospital as outlined in M.G.L. Ch. 123, §10 upon arrival and are able to sign-in voluntarily at any time during the three-day window.

The hospital offers mental health services to stabilize patients experiencing an acute psychiatric episode or exacerbation of chronic conditions. Services for adults include medication management, individual, group, and expressive therapies; family support, a physician-led multi-disciplinary treatment team, and aftercare planning. Adolescents are provided the above mentioned services with the addition of diagnostic assessment and tutoring five days a week. The outpatient clinic provides services, including substance use counseling, group therapy, mental health counseling, psychiatric evaluations, family treatment, and medication management. The licensed mental health staff and psychiatrists, specializing in opioid addiction, provide a range of treatment from Suboxone induction progressing to a substance-free recovery lifestyle. Linkages to other levels of care are initiated as needed.

As High Point Hospital just recently opened, there is no previous community health needs assessment to review, meaning there are also no written comments from the community regarding a previous community health needs assessment completed by High Point Hospital.

Definition of the Community

High Point Hospital predominately serves individuals who reside, are currently staying, or are homeless in Southeastern Massachusetts (defined here as towns within Bristol County, Norfolk County, Plymouth County, and Barnstable County). This was determined via admissions data and qualitative data received from the admissions department and employees of the hospital with direct knowledge of geographical area generally reached by services from High Point Hospital. The respective counties comprise the following number of cities and towns: Bristol County, 20; Norfolk County, 28; Plymouth County, 27; and Barnstable County, 15. According to the U.S.

¹ Obtained from <https://assessment.communitycommons.org/CHNA/report?reporttype=libraryCHNA>

Census Bureau American Community Survey 2012-16 5-year estimates¹, the total population for this area is approximately 1,967,446, covering a total land area of 2,002.20 square miles.

Age breakdown is as follows:

Geographical Area	Age 0-4	Age 5-17	Age 18-24	Age 25-34	Age 35-44	Age 45-54	Age 55-64	Age 65+
Southeastern MA	101,892	313,707	172,458	224,456	239,868	302,449	274,990	337,626
Barnstable County, MA	8,141	26,102	15,651	18,145	19,771	30,422	36,690	59,781
Bristol County, MA	29,492	88,013	53,439	68,076	70,283	84,935	73,580	87,050
Norfolk County, MA	37,241	112,592	59,573	85,753	88,239	106,564	92,748	108,508
Plymouth County, MA	27,018	87,000	43,795	52,482	61,575	80,528	71,972	82,287

The total population self-identified as approximately 84.36% White, 5.93% Black, 4.62% Asian, 0.15% Native American/Alaska Native, 0.04% Native Hawaiian/Pacific Islander, 2.57% Other Race, and 2.33% Multiple Races¹. In addition, Southeastern MA has large populations of residents who identify as Cape Verdean, Haitian, and Portuguese, specifically residing in the cities of Brockton, (Plymouth County); Fall River, (Bristol County); New Bedford, (Bristol County); and Taunton, (Bristol County).

From the US Census Bureau, the median family income in the community is as follows:

Report Area	Total Family Households	Average Family Income	Median Family Income
Southeastern MA	499,375	\$120,133	no data
Barnstable County, MA	58,419	\$106,064	\$82,945
Bristol County, MA	139,756	\$91,770	\$76,380
Norfolk County, MA	171,505	\$151,036	\$114,285
Plymouth County, MA	129,695	\$116,171	\$95,514
Massachusetts	1,627,194	\$116,766	\$90,180

Per data received from the Community Health Needs Assessment Survey (discussed in further detail later in the report), individuals who completed the survey identified their income as follows:

Annual Income (Pre-Tax)	Number of Participants	Percentage of Total Participants
Less than \$25,000	166	26.73%
\$25,000-\$34,999	82	13.20%
\$35,000-\$49,999	70	11.27%
\$50,000-\$74,999	99	15.94%
\$75,000-\$99,999	65	10.47%
\$100,000-\$149,000	77	12.40%
\$150,000-\$199,999	41	6.60%
\$200,000 or more	21	3.38%
Total:	621	100%

Target population(s) served:

The adult hospital units provide services to individuals aged 18 and older of all genders. The adolescent unit provides services to adolescents aged 13-17 of all genders. Individuals are admitted to the inpatient units within the hospital for emergency hospitalization due to posing a risk of serious harm by reason of their presenting mental illness. Examples of mental illness, as defined by the DSM-5, include (but are not limited to): mood disorders (e.g. Major Depressive Disorder, Bipolar I, etc.), anxiety disorders (Generalized Anxiety Disorder, Post-Traumatic Stress Disorder, etc.) and psychotic disorders (Schizophrenia, Schizoaffective Disorder, etc.). In addition, a large number of patients have co-occurring diagnosed Substance Use Disorders (e.g. Opioid Use Disorder, Alcohol Use Disorder, Sedative, Hypnotic, and/or Anxiolytic Use Disorder, etc.).

Assessing the Community's Health Needs

Survey Creation, Implementation, and Results

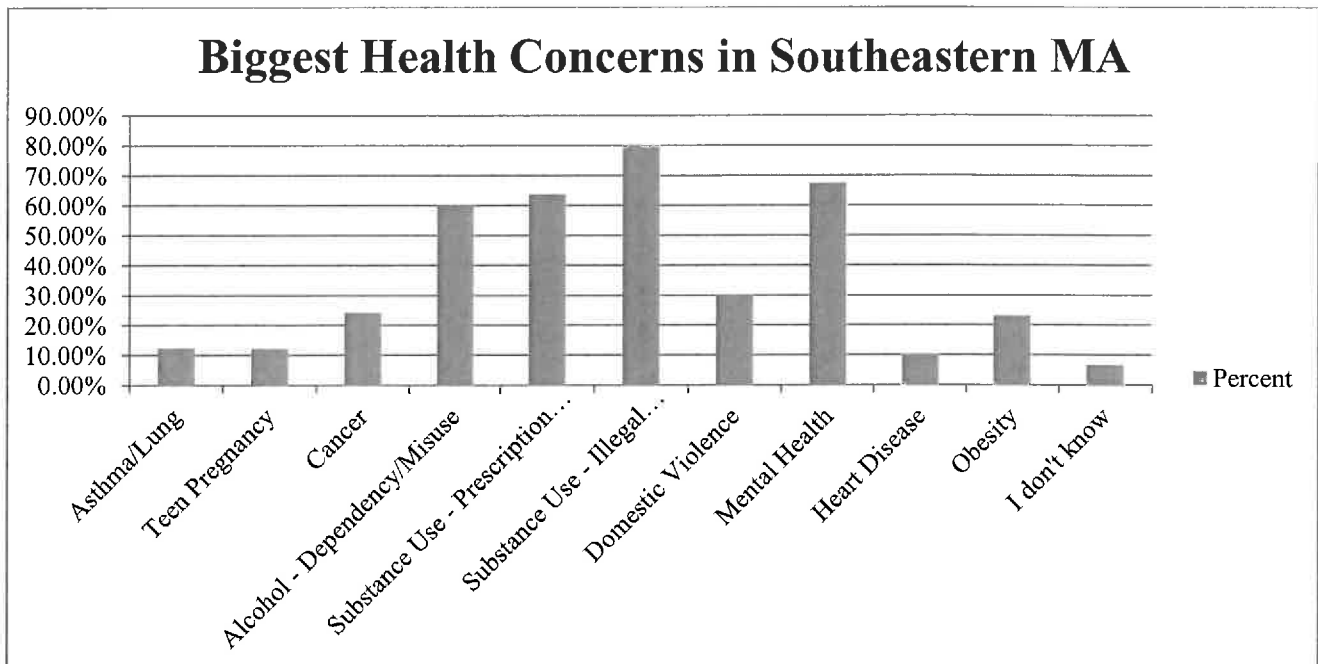
The 17-question survey (see Appendix A) was created upon review of other agencies' utilized community health needs assessment surveys, as well as input from community partners on relevant health needs within the community. Once a final draft was created, the survey was disseminated through various channels. The survey was offered to all current patients at High Point Hospital in addition to other High Point facilities that are located within the identified community. The survey was primarily e-mailed via a Survey Monkey link to all High Point employees for participation. Additionally, employees were encouraged to share the link through their social networks and with other community agencies that their clients/patients receive services through.

Lastly, High Point's Prevention Services Department shared the link with all of its community partners, as the department predominately works on community-based initiatives. The link was

disseminated at in-person meetings, as well as through e-mail listservs, including more than 1,000 contacts of local government, law enforcement, public health, community members, and other organizations offering mental health and substance use treatment/services.

The survey link was live and active for 24 days with a total of 622 surveys completed in the allotted time. Approximately 75% or 467 respondents identified as female. Of the total number of participants, 545 or 88% stated they were between the ages of 25-65. Roughly 83% (517) identified their race as White/Caucasian, with the next highest percentage being 5% (30) that identified as Black/African-American. Respondents identified themselves as the following: patient, 151; former patient, 31; community member, 217; community provider, 58; High Point provider, 108; law enforcement, 11; elected official, 4; other, 42. Those who selected “other” identified as a nurse, parent, attorney, teacher, etc.

Participants were asked to select what they believed are the biggest health concerns within their community. The survey proposed eleven potential responses (see chart below), allowing participants to choose as many as they felt were applicable. The majority of participants, 499 or 80.23%, indicated that substance use- illegal substances was a major concern, followed closely by 67.52% (420) selecting mental health, 63.83% (397) choosing substance use- prescription medication, and 60.13% (374) selecting alcohol dependency or misuse. The next closest response was domestic violence, with 30.06% (187) participants selecting it as a major health concern. Respondents overwhelmingly expressed belief that mental health and substance use were the biggest health concerns in their community, more so than other potential health concerns such as obesity, heart disease, and cancer.



When asked what medical services are most needed in the community, the three most selected responses were alcohol and substance use treatment (80.06% or 498), counseling/mental health services (77.17% or 480) and psychiatric services/medication management (60.93% or 397). The next most chosen response was adult primary care services (33.12% or 206). In addition, when asked what would be needed to improve the health of one's family and neighbors, substance use or recovery services and counseling services were the most selected at 63.83% and 57.72%, respectively. Nearly 50% (307) of respondents identified that either they or someone in their household had difficulty obtaining mental health services, substance use services, or both services with only 21.38% (133) identifying they have obtained services with no difficulty.

Partners Participating in Community Health Needs Assessment

The following agencies, businesses, and organizations serve low income, medically underserved, and minority populations within the community. Contributions were made by these organizations to the community health needs assessment by providing their perspectives, observations, and insight. Our partners also provided their clients/individuals served with the survey to complete. These partners not only have numerous years of experience working with populations who historically deal with health disparities, they are also invested in the ongoing understanding, inclusion, and improvement of these individuals.

- Brewster Ambulance
- Brockton Neighborhood Health Center
- Good Samaritan Medical Center and Stewart Medical Group
- Gosnold
- High Point Prevention Services (including its community coalition partners)
- Plymouth County District Attorney's Office
- Plymouth County Outreach (PCO)
- Plymouth County Outreach Hope (PCO Hope)
- Signature Healthcare Brockton Hospital and Signature Health Care Group
- South Bay Community Services
- Champion Plan (Brockton)
- Town of Middleborough

Quantitative Data Reviewed

The following data was provided by High Point's Prevention Services Department's community partners. This data was reviewed and considered to better understand the community for the health needs assessment.

- Champion Plan data
- Drug-Free Communities High School survey data (Brockton, East Bridgewater, Whitman-Hanson, and Rockland for school years 2015-2016 and 2016-2017)
- PCO data

- PCO outreach data
- Signature Healthcare Brockton Hospital Emergency Department data

Analysis and consideration of the following publicly available data was included in the community health needs assessment:

- Bureau of Substance Addiction Services
 - <https://www.mass.gov/substance-abuse-data-and-reports>
- Centers for Disease Control and Prevention
 - <https://www.cdc.gov/nchs/pressroom/states/massachusetts/massachusetts.htm>
- County health rankings & roadmaps
 - <http://www.countyhealthrankings.org/>
- Executive Office of Health and Human Services, including MassHealth public reports
 - <http://www.mass.gov/eohhs/public-records/eohhs-masshealth/eohhs-masshealth-public-record-reports.html>
- Massachusetts Department of Mental Health
 - https://www.mass.gov/files/documents/2017/09/22/annualreport-fiscalyear2016_0.pdf
- Massachusetts Department of Public Health
 - <https://www.mass.gov/lists/dph-annual-reports-and-legislatively-mandated-reports>
 - <https://www.mass.gov/lists/current-opioid-statistics>
- McLean Hospital Community Health Needs Assessment
 - https://www.mcleanhospital.org/sites/default/files/shared/McLCHNA_Implementation_Strategy_Annual_Update_2015-2016_final7-16-2015.pdf
- United States census
 - <https://www.census.gov/programs-surveys/acs/>

Request for Feedback

If any reader would like to provide input on this community health needs assessment, please submit your written comments to the following:

Kathy Norris
 Director of Community Relations
 High Point
 72 Kilburn Street
 New Bedford, MA 02740
 Or e-mail:
knorris@hptc.org

Prioritized Health Needs

Through the community health needs assessment and review of the aforementioned data, High Point Hospital identified and prioritized the following significant health needs:

1. Access to community mental health and substance use treatment
2. Stigma associated with seeking mental health and/or substance use treatment

The process in which the significant health needs were identified was by reviewing the survey data (please see above), paying particular attention to those who identified as current and former patients. In addition, collateral information received through the aforesaid partners, who represent the broad interests of the community, was incorporated. The health concerns were prioritized by looking at the following factors: impact on residents' quality of life; proximity with other health needs; practical means to effect change; feasibility; cost; and overall community satisfaction. The following is further discussion of each significant health concern.

Access to community mental health and substance use treatment

Through both the disseminated survey data and conversations with community providers, a common theme arose: limited access to both mental health and substance use treatment. Individuals identified a deficit in inpatient and outpatient treatment for substance use, mental health, and dual diagnosis clients. Additionally, many community members indicated long waitlists or few providers for medication management or psychiatric services. Access to mental health and substance use treatment was identified as a major concern for adults and children who desperately need these services. A crucial barrier that contributes to impaired access to substance use and mental health treatment is the ratio of mental health providers to the population within the identified community. As seen below, there are only 8,610 mental health providers for nearly two million residents.

Geographical Area	Estimated Population	Number of Mental Health Providers	Ratio of Mental Health Providers to Population (1 Provider per x Persons)	Mental Health Care Provider Rate (Per 100,000 Population)
Southeastern MA	1,968,391	8,610	228.6	437.4
Barnstable County, MA	214,913	933	230.3	434.1
Bristol County, MA	554,195	2,172	255.2	391.9
Norfolk County, MA	692,259	3,365	205.7	486
Plymouth County, MA	507,025	2,140	236.9	422

An additional barrier to access of mental health and substance use services are related to issues with insurance. For those who are insured, each policy is different. Some treatment providers do not accept certain insurances, particularly for behavioral health, or are limited in the duration (if inpatient) or frequency (if outpatient) that they can receive services.

Lack of insurance has historically been seen as a barrier to health services, leading to overall poor health within a community. Both Barnstable (3.53%) and Bristol (3.45%) counties are above the Massachusetts' (3.21%) average of uninsured individuals, along with both Norfolk and Plymouth counties having over 14,000 residents identifying as 'uninsured.' Moreover, individuals who suffer from mental illness and/or substance use are at a higher risk of losing or not having health insurance due to difficulty completing renewal paperwork and unsteady employment, leading to loss of insurance.

Geographical Area	Total Population (For Whom Insurance Status is Determined)	Total Population Uninsured	Percent Uninsured Population
Southeastern MA	1,942,740	55,429	2.85%
Barnstable County, MA	212,428	7,507	3.53%
Bristol County, MA	548,298	18,906	3.45%
Norfolk County, MA	682,577	14,667	2.15%
Plymouth County, MA	499,437	14,349	2.87%
Massachusetts	6,665,525	214,158	3.21%

Stigma associated with seeking mental health and/or substance use treatment

Stigma associated with mental health and substance use treatment was a common theme discussed in almost all conversations with partners and written about on many surveys. With experience working with the various cultures that exist within the community, it has become apparent there are higher rates of stigma associated with seeking mental health and/or substance use treatment amongst those who identify from differing cultures. Specifically, those from African, Hispanic, Portuguese, and Asian cultures generally express that within their culture, having these illnesses or seeking treatment is looked down upon. This limits residents in the community from knowing how to access care, increases feelings of shame, and overall increases the fear of reaching out for help.

Stigma was determined to be a significant factor, even within the population of those who identified as being a former or current patient receiving mental health and substance use services. Patients diagnosed with a substance use disorder, as well as those who are dually diagnosed, report feeling more stigmatized than those who are solely diagnosed with a mental illness. Increased

stigma is due to the perpetuated opinion that individuals with a substance use disorder became ill by choice. Moreover, those individuals who are diagnosed with a substance use disorder and receive Medication Assisted Treatment (MAT), specifically those with Opioid Use Disorder who are prescribed Methadone or Buprenorphine, are enormously stigmatized. The lack of understanding and education surrounding MAT in the general community and even those within the recovery community perpetuate the stigma.

Identified resources potentially available to address prioritized health needs

A list of resources was compiled that are potentially available to address the above identified and prioritized health needs by the individuals in the identified community. Please see Appendix B for comprehensive list.

Conclusion

High Point Hospital conducted this community health needs assessment to better understand the community and individuals served. From the significant health needs identified above, High Point Hospital will create an implementation strategy plan to respond to these needs. High Point Hospital's Board of Directors will review the implementation strategy plan, which will then be used as a means of organization for the comprehensive, holistic, and systematic approach to address the health concerns.

Appendix A**High Point's Community Health Needs Assessment**

*Please take a moment to complete this survey for High Point's Community Health Needs Assessment. By completing this survey, you are providing essential information for High Point to evaluate the health needs of the region by prioritizing what is most important and creating strategies to address them. **Thank-you in advance for participating.***

1. Zip Code

a. _____

2. Gender

- a. Male
- b. Female

3. Age

- a. 15 and under
- b. 16-24
- c. 25-65
- d. 65+

4. What was your total household income before taxes during the past 12 months?

- a. Less than \$25,000
- b. \$25,000-\$34,999
- c. \$35,000-\$49,999
- d. \$50,000-\$74,999
- e. \$75,000-\$99,999
- f. \$100,000-\$149,999
- g. \$150,000-\$199,999
- h. \$200,000 or more

5. Race/Ethnicity

- a. White/Caucasian
- b. Black/African-American
- c. Cape Verdean
- d. Native American
- e. Asian
- f. Hispanic or Latino
- g. Multi-racial
- h. Other (please specify)

6. What are the biggest health issues or concerns in your community? (Check all that apply)
- a. Asthma/Lung
 - b. Teen Pregnancy
 - c. Cancer
 - d. Alcohol- Dependency or Misuse
 - e. Substance Use- Prescription Medication
 - f. Substance Use- Illegal Substances
 - g. Domestic Violence
 - h. Mental Health
 - i. Heart Disease
 - j. Obesity
 - k. I Don't know
7. What keeps people in your community from seeking medical treatment? (Check all that apply)
- a. Lack of insurance
 - b. Child care problems
 - c. Unable to pay co-pays
 - d. No appointments available/too long of a wait
 - e. Health services too far away
 - f. Too long of a wait to see a doctor
 - g. Cultural or religious beliefs
 - h. Language barriers
 - i. Do not see the benefit/need to receive treatment
 - j. Do not know how to find treatment providers
 - k. Transportation problems
 - l. No problem
 - m. Other (please specify)
8. What health screening or education/information services are needed in your community? (Check all that apply)
- a. Cancer
 - b. Cholesterol
 - c. Blood Pressure
 - d. Heart Disease
 - e. Dental Screening
 - f. Substance Use
 - g. Nutrition
 - h. Exercise/Physical Activity
 - i. Emergency Preparedness

- j. Eating Disorder
 - k. Fall Prevention
 - l. HIV/Sexually Transmitted Diseases
 - m. Mental Health
 - n. Smoking Cessation and/or Prevention
 - o. Stress Management
 - p. Vaccination/Immunization
 - q. Prenatal Care
 - r. Other (Please specify)
9. What medical services are most needed in your community? (Check all that apply)
- a. Adult Primary Care Services
 - b. Alcohol and Substance Use Treatment
 - c. Counseling/Mental Health Services
 - d. Diabetes Care
 - e. Psychiatric Services/Medication Management
 - f. Emergency/Trauma Care
 - g. Heart Services
 - h. Pediatric
 - i. Women's Services (Obstetrics/Gynecological Services)
10. What is needed to improve the health of your family and neighbors? (Check all that apply)
- a. Healthier Food
 - b. Wellness Services
 - c. Job Opportunities
 - d. Specialty Physicians
 - e. Counseling Services
 - f. Safe places to walk/play
 - g. Recreation Facilities
 - h. Psychiatric Availability
 - i. Transportation
 - j. Substance Use or Recovery Services
 - k. Other (Please specify)
11. If you or someone in your family was ill or experiencing a psychiatric emergency and required medical care, where would you go? (Please select one)
- a. Doctor's Office
 - b. Walk-in/Urgent Care Center
 - c. Clinic
 - d. Health Department

- e. Hospital Emergency Department
 - f. Would not seek care
 - g. Other (please specify)
12. Where do you and your family get most of your health information? (Check all that apply)
- a. Family or Friends
 - b. Newspaper/Magazine
 - c. Library
 - d. Internet
 - e. Doctor/Health
 - f. Television
 - g. Hospital
 - h. Health Department
 - i. Radio
 - j. Religious Organization
 - k. School
 - l. Other (Please specify)
13. Have you or anyone in your household had difficulty obtaining mental health or substance use services?
- a. Yes- Mental Health
 - b. Yes- Substance Use
 - c. Yes- Both
 - d. No- Obtained services without issue
 - e. No- Not needed
14. How well do the existing programs and services meet the needs and demands of mental health and substance use in your community?
- a. Exceptionally well
 - b. Very well
 - c. Somewhat well
 - d. Not very well
 - e. Not at all
15. What programs or services are lacking in your community?
- a. Mental Health Counseling
 - b. In-Home Therapy
 - c. Medication-Assisted Treatment (MAT)
 - d. Inpatient Mental Health Services
 - e. Inpatient Substance Use Treatment

f. Recovery Services

16. How would you identify yourself?

- a. Patient
- b. Former Patient
- c. Community Member
- d. Community Provider
- e. High Point Provider
- f. Law Enforcement
- g. Elected Official
- h. Other (Please specify

17. Do you have any recommendations for implementing new programs or services that are currently lacking? (open-ended)

Appendix B

<i>Adult Inpatient Mental Health Services</i>		
Arbour -Fuller Hospital	South Attleboro	508-761-8500
Signature Healthcare Brockton Hospital	Brockton	508-941-7000
Cape Cod Hospital	Hyannis	508-862-5645
High Point Hospital	Middleboro	774-213-8400
Pembroke Hospital	Pembroke	800-222-2237
Southcoast Behavioral Health	North Dartmouth	508-207-9800
<i>Community Health Centers</i>		
Brockton Neighborhood Health Center	Brockton	508-559-6699
Community Health Center of Cape Cod- Buzzards Bay	Buzzards Bay	508-759-7920
Community Health Center of Cape Cod- Falmouth	Falmouth	508-540-2949
Greater New Bedford Community Health Center- New Bedford	New Bedford	508-992-6553
Greater New Bedford Community Health Center- Wareham	Wareham	508-742-3810
Harbor Community Health Center	Plymouth	508-778-5470
HealthFirst Family Care Center	Fall River	508-679-8111
Manet Community Health Center	Taunton	508-822-5500
SSTAR South End Services- The Family HealthCare Center at SSTAR	Fall River	508-675-1054
<i>General Hospitals</i>		
Beth Israel Deaconess- Plymouth	Plymouth	508-746-2000
Charlton Memorial Hospital	Fall River	508-679-3131
Good Samaritan Medical Center	Brockton	508-427-3000
Signature Healthcare Brockton Hospital	Brockton	508-894-0400
South Shore Hospital	S. Weymouth	781-624-8000
St. Anne's Hospital	Fall River	508-674-5600
St. Luke's Hospital	New Bedford	508-997-1515
Tobey Hospital	Wareham	508-295-0880
<i>Outpatient Mental Health and Substance Use Disorder Services</i>		
Abelard Psychotherapy	Stoughton	781-334-0057
All Care Wellness Institute All Care Wellness Center	Stoughton New Bedford	781-436-3352
Arbour Counseling /Sr. Care	Fall River West Yarmouth	508-678-2833 774-470-2298
Bay Coast Behavioral Health	Fall River	774-294-5722
Bayview Associates / SSMH	Plymouth Wareham	508-747-1168 508-295-3600
Bay State Community Services	Plymouth	508-830-3444
Brockton Area Multi-Service, Inc (BAMSI)	Whitman	781-447-6425

Brockton Neighborhood Health Center	Brockton	781-830-3444
Cape Behavioral Health Center	Hyannis	508-862-0514
Cape Cod Human Services	Hyannis Harwich	508-790-3360
Child & Family Services	New Bedford Fall River Hyannis Harwichport	508-990-0894 508-676-5708 508-778-1839 508-774-1839
Community Health Center of Cape Cod	Mashpee Falmouth Bourne	508-477-7090 (for all locations)
Community Counseling of Bristol County	Taunton	508-828-9116, Ext. 579
DCS Mental Health	Raynham	508-880-6868
The Duffy Center	Raynham	508-771-9599
Fairwinds – Nantucket’s Counseling Center	Nantucket	508-228-2689
Family and Community Resources, Inc.	Brockton	508-583-6498
Family Continuity Program (FCP)	Plymouth Hyannis	508-747-6762 508-862-0060
Family Service Association of Greater Fall River	Fall River	508-678-7542
Fernandes Center for Children and Family (St. Anne’s Hospital)	Fall River	508-689-3303
Gandara Mental Health Center	Brockton	508-232-6670
Gifford Street Wellness Center	New Bedford	508-999-3126
Gosnold Thorne Counseling Center	Falmouth Brockton Centerville Provincetown Mashpee North Dartmouth	508-540-6550 508-584-5280 508-862-9929 508-457-2449 508-539-1171 508-999-3886
Habit Opco, Inc.	Yarmouth	508-398-5155
Harbor Community Health Services	Plymouth Hyannis	508-778-5470
High Point Treatment Center	New Bedford Plymouth Taunton Brockton Middleboro	508-997-0475 508-830-1234 508-823-5291 508-742-4420 617-674-5300
Inclusion Family Counseling Center	Brockton	508-510-4483
Institute for Health & Recovery	Fall River	774-365-4860
Justice Resource Institute, Inc.	Taunton Attleboro Centerville Hyannis	508-207-8819 508-944-8191 508-222-7525 508-880-2835, Ext. 210 508-771-3156

	Nantucket	508-771-3156
Luminosity Behavioral Health Services	Brockton	781-344-0102
Martha's Vineyard Community Services	Vineyard Haven	508-693-7900
Northeast Family Services	Dartmouth North Attleboro	774-206-1125
Northeast Health Services	Taunton Middleboro Plymouth Brockton Attleboro Pembroke	508-880-0666 508-947-6100 508-830-3655 508-586-2660 508-409-0000 781-312-1393
Northeast Health Services – Hyland Behavioral Health	Fall River	508-678-0041
Odonata Psychotherapy & Retreat Centers	Buzzards Bay	774-247-4939
Old Colony Y	Brockton	508-584-1100
Outer Cape Health Services	Harwich Provincetown Wellfleet	508-432-1400 508-487-9395 508-349-3131
Pyramid Builders Counseling Services, Inc.	Brockton	508-584-5400
Signature Healthcare Medical Group Brockton Hospital	Brockton	508-941-7228
SolidGround Psychotherapy	Fall River	508-679-4333
South Bay Community Service	Attleboro Brockton Plymouth Mashpee Swansea Referral Lines:	508-223-4691 508-527-1007 508-830-0000 508-760-1475 508-324-0328 800-244-4691/508-427-5362
South Shore Behavioral Health Clinic	Lakeville	781-878-8340
South Shore Mental Health	Marshfield	781-834-7433
St. Vincent's Home	Fall River	508-679-8511
Steppingstone, Inc.	Fall River New Bedford	508-649-0033 774-202-5984
Trauma to Wellness, Inc.	Brockton	508-559-1792
Unlimited Behavioral Health Services	Brockton	508-510-5940
Volunteers of America	Taunton	508-822-4027
Wellspring Farm Learning Center	Rochester Assonet	508-763-5896
<i>Residential Rehabilitation Services for Substance Use Disorders</i>		
Anchor House, Inc.	Plymouth	508-746-6654
Angel House /Housing Assistance Corp.	Hyannis	508-775-8045
EMH Recovery, Inc./Edwina Martin House	Brockton	508-832-0493

Emerson House	Falmouth	800-444-1554
Gosnold/Miller House	West Falmouth/Falmouth	800-583-0493 508-540-5052
High Point Treatment Center: New Chapters	New Bedford	774-202-4820
Harmony House	New Bedford	508-992-8948
Monarch House	New Bedford	508-992-0800
North Cottage Program	Norton	508-285-2701
Steppingstone, Inc.:		
Women's Program	Fall River	508-674-2788
Men's Program	Fall River	508-617-4436
Women's Program	New Bedford	508-984-1880