

HIGH POINT HOSPITAL IMPLEMENTATION PLAN

Priority 1: Access to Treatment: Address the public health issue of barriers in access to mental health and substance use treatment (including MAT for those diagnosed with substance use disorders).

Objective: Provide increased avenues for individuals seeking mental health and substance use treatment.

Strategy: 1.1.1. Increase Access to MAT (opening at least one new Opioid Treatment Program [OTP])

- Increase relationships and referrals with outpatient providers who offer MAT for individuals.
- Collaborate with community based providers to identify highest need areas for MAT to identify appropriate location for additional OTP.
- Support community based grants to incorporate “hub and spoke” model with local Primary Care Physicians to increase number of providers eligible and comfortable in prescribing MAT.

1.1.2. Telehealth

- Identify prescribers and sites willing to engage in telehealth, with High Point acting as a pilot to learn best practices for engaging with individuals within the identified community.
- Identify clinicians willing to engage in telehealth, providing appropriate training through best practices identified by their licensing board.

1.1.3. Digital Media

- Redevelop website to not only provide a clear understanding of mental health and substance use continuum of care provided within High Point, but also to be a resource for information around treatment.
- Add information regarding prevention, treatment, community based supports (family support, individual counseling, CSP).

1.1.4. Training and CEUs

1.1.4.1: Clinical (LADC, LICSW/LCSW, LMHC)

- Increase number of trainings for CEU's for behavioral health clinicians in centralized locations on topics specific to the problems faced by those within the identified community.
- Work with the Massachusetts Board of Registration of Allied Mental Health and Human Services Professionals, Board of Registration of Social Work, and Executive Officer of Health and Human Services Department of Public Health BSAS LADC Unit to ensure appropriate requirements are met for trainings and CEU's.
- Ensure trainings include interdisciplinary approaches to treatment including appropriate use of treatment modalities, individualized assessment and diagnosis, as well as specific information regarding individuals with co-occurring disorders such as mental health, trauma, and intellectual developmental disorder.

1.1.4.2: Medical (NP, MD, RN, LPN)

- Increase number of trainings for CEU/CME for medical/psychiatric providers in centralized locations on topics specific to the problems faced by those within the identified community.
- Work with Board of Registration in Nursing, APBN, and APRN licensing boards to ensure appropriate requirements are met for training and CEU's.
- Ensure trainings include interdisciplinary approaches to treatment including appropriate use of treatment modalities, individualized assessment and diagnosis, as well as specific information regarding individuals with co-occurring disorders such as mental health, trauma, and intellectual developmental disorder.

Anticipated Outcomes:

1.2.1: Determine appropriate site and open additional OTP within High Point continuum of care. Increase access to MAT by a minimum of 10%. Develop relationships with at least three additional MAT providers within Massachusetts.

1.2.2: Provide psychiatric care to underserved and remote populations via HIPAA compliant, secure teleconferencing equipment and software to increase access for individuals. Enhance continuity of care for individuals treated and treatment providers.

1.2.3: Increase traffic to website by a minimum of 10%. Increased number of downloads/page views of educational resources.

1.2.4: Four CEU sessions provided open to community providers (public and private agencies) to increase the amount adequately licensed providers. At least four additional CEU sessions provided to internal partners to ensure sustainability of adequately licensed providers.

- Priority 2: Stigma associated with Mental Health, Substance Use, and Co-occurring Treatment: Address the issue of stigma associated with individuals seeking treatment for mental health, substance use, and co-occurring disorders.
- Objective: Provide education to providers, individuals seeking treatment and the general community regarding therapeutic interventions, psychopharmacology, and community based recovery services to decrease shame/stigma associated with seeking treatment.
- Strategy:
- 1.1.1. Community Based Training & CEUs
- Trainings for community partners including law enforcement, first responders, medical community, community members, individuals seeking treatment and their loved ones.
 - Provide CEU based sessions to those with licensure both within the High Point system and additional providers. The sessions will create an empathetic environment for individuals seeking services for mental health, substance use, and co-occurring disorders.
 - Increase linkages with peer-based and family support services.
- 1.1.2. Competencies regarding Co-Occurring and Substance Use Psychopharmacology
- Increase information necessary for standard of care for individuals receiving MAT.
 - Create guidance document on MAT allowing individuals to fully understand the medication, its side effects, the process etc. including linkages throughout MA.
- 1.1.3. Provide up to date information, knowledge, and best practices via electronic means.

- Through continuously updated digital media individuals will be able to gain access to information regarding behavioral health treatment and resources to better understand the continuum of care. This can include the addition of virtual tours of the facility, resource guides, glossaries, frequently asked questions, etc.
- Offer up-to-date, factual information regarding mental health and substance use to increase general knowledge of disorders in attempts to reduce stigma

Anticipated Outcomes

1.2.1: Hold quarterly trainings/networking opportunities providing education to reduce stigma of receiving mental health, substance use, and co-occurring disorders treatment

1.2.2: Reduce stigma associated with licensed providers who are not specialized in substance use and co-occurring disorders treatment. Hold trainings with at least 60 providers attending.

1.2.3: Provide an all-encompassing guide for individuals and their families seeking treatment. Increased number of self/client led referrals to MAT, community based counseling and recovery services. Decrease in reported feelings of being stigmatized from clients utilizing services.