

REFLECTIONS
COURT ALTERNATIVE PROGRAM (CAP)
497 Belleville Avenue, New Bedford, MA 02740
Phone: 508-994-3678 Fax: 508-997-2677

Dear Colleagues:

Thank you for considering a referral to the Reflections- Court Alternative Program. If you or your clients have questions at any point in the referral process, please feel free to contact our administrative assistant at the above phone number.

The following must be obtained for admission consideration:

- 1. A completed referral form**
- 2. A copy of the client's current CORI**
- 3. A copy of the current probation stipulations. We understand that in some courts this may change as the client is stipulated to Reflections-CAP.**
- 4. A telephone interview with the client (if the client is incarcerated, we will contact you for the best way to conduct the interview).**

We have also included a "Frequently Asked Questions" sheet for your reference. You are welcome to pass this on to the client as well.

Thank you again for your consideration.

Sincerely,

**Reflections- CAP
Administrative Team**

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Please fax this referral to the attention of the Administrative Assistant at Reflections

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CLIENT INFORMATION			
Name		DOB	Primary Language
Address		Gender	Marital Status
City/State/Zip		Home Phone	Cell Phone
Emergency Contact Name and #		SS#	
Insurance		Policy #	

COURT INFORMATION					
Court					
Criminal Charges					
Pending Sentence w/out CAP Completion					
Probation Officer		Phone		Fax	
Defense Attorney		Phone		Fax	

GENERAL and MEDICAL INFORMATION	
PCP Name/Address/Number:	Psychiatrist Name/Address/Number:
Medical Issues: <input type="checkbox"/> NO <input type="checkbox"/> YES: _____	Therapist Name/Address/Number:
Medical Conditions:	Pregnant: <input type="checkbox"/> Yes <input type="checkbox"/> No

PAST/CURRENT MENTAL HEALTH ISSUES:			
Mental Health Issues <input type="checkbox"/> Yes <input type="checkbox"/> No Psychiatric Diagnosis:	Current Self-Injurious Behaviors <input type="checkbox"/> Yes <input type="checkbox"/> No Type:	Current Suicidal Ideation <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Present	Current Homicidal Ideation: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Present
Past Psychiatric Hospital Admissions <input type="checkbox"/> Yes <input type="checkbox"/> No	History of Self-Injurious Behavior: <input type="checkbox"/> Yes <input type="checkbox"/> No Type:	History of Suicide Attempts <input type="checkbox"/> Yes <input type="checkbox"/> No Method:	History of Homicidal Behaviors <input type="checkbox"/> Yes <input type="checkbox"/> No Method:
Where: Dates:	Dates:	Dates:	Dates:

MEDICATION/Dosage	MEDICATION/Dosage

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SUBSTANCE ABUSE		PRIMARY DRUG OF CHOICE:		
Substance	Age of First Use	Date of Last Use	Amount/Route	How often? (daily, weekly, etc.)
Alcohol				
Heroin /Other opiates				
Cocaine/Crack				
Oxycodone/Percocet				
Cannabis/Marijuana				
Benzodiazepines				
Other				

Longest Length of Sobriety:	When:	Previous Overdose <input type="checkbox"/> Yes <input type="checkbox"/> No	Witness Overdose <input type="checkbox"/> Yes <input type="checkbox"/> No
DT's <input type="checkbox"/> Yes <input type="checkbox"/> No	Blackouts <input type="checkbox"/> Yes <input type="checkbox"/> No	Seizures <input type="checkbox"/> Yes <input type="checkbox"/> No	Assaultive Behavior: <input type="checkbox"/> Yes <input type="checkbox"/> No
Suboxone Maintenance <input type="checkbox"/> Yes <input type="checkbox"/> No	Suboxone Clinic Name:	Methadone Maintenance <input type="checkbox"/> Yes <input type="checkbox"/> No	Methadone Clinic Name:
Last Dosage amount:	Attendance dates :	Last Dosage amount:	Attendance dates:

Recovery Services Previously Used	
Detox <input type="checkbox"/> Yes <input type="checkbox"/> No How many times?	CSS/TSS <input type="checkbox"/> Yes <input type="checkbox"/> No How many times?
Halfway House/Recovery Home <input type="checkbox"/> Yes <input type="checkbox"/> No How many times?	Sober House <input type="checkbox"/> Yes <input type="checkbox"/> No How many times?
IOP/SOAP/Outpatient <input type="checkbox"/> Yes <input type="checkbox"/> No How many times?	Other "program" <input type="checkbox"/> Yes <input type="checkbox"/> No Which? _____ How many times?
12 Step Meetings <input type="checkbox"/> Yes <input type="checkbox"/> No	Other Meetings <input type="checkbox"/> Yes <input type="checkbox"/> No Which? _____

FOR ADMINISTRATIVE REVIEW:

- _____ two-page referral form filled out entirely
- _____ client's current CORI
- _____ current probation stipulations
- _____ contact info. for arranging the telephone interview

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Frequently Asked Questions About the Program

1. What is Reflections-CAP?

Reflections-CAP is a substance abuse treatment program offered to clients involved in the Massachusetts court system as a last alternative to incarceration for criminal offenses. The expected length of involvement is one year. Priority intake consideration is given to those who are facing imminent incarceration and are on probation during the course of the full program. The year is organized into approximately a 3-month residential stabilization treatment program followed by 9 months of continued case management in community-based settings. There are separate men's and women's residences with some co-ed groups and other gender-specific groups. Reflections-CAP is a program of High Point Treatment Center and receives funding from the Department of Public Health's Bureau of Substance Abuse Services.

2. How do I get into CAP?

Referrals can be made to the program by the District Attorney's office, a probation officer, or an attorney for anyone (male or female, age 18 and up) who meets the criteria of having a substance abuse disorder that was a contributing factor to the client's facing incarceration. Reflections expects that all admitted clients will be able to participate for a full year in the program.

3. Are there program fees for CAP?

There are no fees. The program is supported by DPH-BSAS funding.

4. What will I do in the residential component of CAP?

Clients are involved in psychoeducational and stabilization groups for approximately 6-8 hours a day. Groups are recovery-based, interactive, and encourage open discussion. Some groups are co-ed, while others are gender-specific. Individual counseling and community care planning sessions are an integral part of the work. In addition, there are scheduled times for meals, chores, and wellness activities. We will transport clients to medical and limited court appointments. The program is highly structured, time-consuming, and intensive; as a result, it does not allow for outside employment during this period.

5. Can I have visits during the residential stabilization program?

On Sundays, CAP allows for an every other week on-site visit from approved relatives/friends. These visits will start after the client has been in the program approximately one month, and certain criterion has been met. Separate times will be arranged for visits with children under the age of 18.

6. Will I need money at the residential stabilization program?

Clients are allowed to have up to \$20.00 to use the laundry facilities and pay phone. Amounts over \$20.00 will be held by the program.

7. What about medication at the residential stabilization program?

Please make sure we have the correct medication list to review upon referral as we will look at this as part of the admission process. Since it often takes 2-3 weeks to help clients obtain insurance and make appointments with a primary care physician and/or psychiatrist, clients must arrive with a 30-day supply of medication or prescriptions and payment option to obtain medication for the first 30 days. The program will secure all medications and monitor the client's self-dosing at designated times. Clients on Methadone and Suboxone are accepted to CAP.

8. What can I expect during my community care programming following residential?

Much of this depends upon what you need to maintain your recovery. During your stay within the stabilization component, your counselor will work with you, any significant others that you designate, your lawyer, and probation officer to determine an appropriate community care plan. We will consider what you have already tried and what has worked/not worked to help keep you substance-free and in recovery. Regardless of your next steps, you will have the support of a CAP case manager, who is available during your first 9 months of community programming to help with appointments, getting to meetings, and facilitating communication with the court. Community care plans have included continued treatment at Recovery Homes (also known as Halfway Houses), Sober Homes, Intensive and Traditional Outpatient treatment, and programming available through the Office of Community Correction.

If you have other questions, please contact us at the above number.